	6月1日(月)	6月3日(水)	6月5日(金)	6月6日(土)	6月7日(日)	6月8日(月)	6月10日(水)	6月12日(金)	6月15日(月)
9:00									
10:00									
11:00									
12:00			LesMills BODYBALANCE						
13:00			LesMills BODYCOMBAT						
14:00			LesMills BODYATTACK						
15:00			LesMills BODYCOMBAT						
16:00									
17:00	LesMills BODYATTACK	LesMills BODYCOMBAT		LesMills BODYBALANCE		LesMills BODYATTACK	LesMills BODYCOMBAT	LesMills BODYATTACK	LesMills BODYATTACK
18:00	LesMills BODYCOMBAT	LesMills BODYBALANCE		LesMills BODYATTACK	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYCOMBAT
19:00	LesMills BODYBALANCE	LesMills BODYATTACK		LesMills BODYCOMBAT	LesMills BODYATTACK	LesMills BODYBALANCE	LesMills BODYATTACK	LesMills BODYBALANCE	LesMills BODYBALANCE
20:00	LesMills BODYCOMBAT	LesMills BODYBALANCE		LesMills BODYATTACK	LesMills BODYCOMBAT	LesMills BODYCOMBAT	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYCOMBAT
21:00									

	6月17日(水)	6月21日(日)	6月22日(月)	6月24日(水)	6月25日(木)	6月26日(金)	6月27日(土)	6月28日(日)	6月29日(月)
9:00									
10:00									
11:00									
12:00									
13:00									
14:00									
15:00									
16:00									
17:00	LesMills BODYCOMBAT		LesMills BODYATTACK	LesMills BODYCOMBAT	LesMills BODYATTACK	LesMills BODYATTACK			LesMills BODYATTACK
18:00	LesMills BODYBALANCE	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYCOMBAT	LesMills BODYATTACK	LesMills BODYBALANCE	LesMills BODYCOMBAT
19:00	LesMills BODYATTACK	LesMills BODYATTACK	LesMills BODYBALANCE	LesMills BODYATTACK	LesMills BODYBALANCE	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYATTACK	LesMills BODYBALANCE
20:00	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYCOMBAT	LesMills BODYBALANCE	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYATTACK	LesMills BODYCOMBAT	LesMills BODYCOMBAT
21:00									

9:00 9:30 10:00 10:30 11:00 11:30 12:00 12:30 13:00 13:30 14:00 14:30 15:00 15:30 16:00 16:30 17:00 17:30 18:00 18:30 19:00 19:30 20:00 20:30 21:00 21:30 22:00