	4月1日(水)	4月2日(木)	4月4日(土)	4月5日(日)	4月7日(火)	4月8日(水)	4月10日(金)	4月11日(土)	4月12日(日)
9:00									
9:30									
10:00									LesMills BODYBALANCE
10:30		LesMills BODYBALANCE		LesMills BODYBALANCE	LesMills BODYBALANCE				
11:00									LesMills BODYBALANCE
11:30		LesMills BODYBALANCE		LesMills BODYBALANCE	LesMills BODYBALANCE				
12:00									LesMills BODYBALANCE
12:30									
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15:00									
15:30									
16:00									
16:30									
17:00									
17:30				LesMills BODYATTACK					
18:00									
18:30	LesMills BODYATTACK		LesMills BODYBALANCE	LesMills BODYCOMBAT		LesMills BODYBALANCE	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYBALANCE
19:00									
19:30	LesMills BODYCOMBAT		LesMills BODYCOMBAT	LesMills BODYBALANCE		LesMills BODYATTACK	LesMills BODYCOMBAT	LesMills BODYBALANCE	LesMills BODYATTACK
20:00									
20:30	LesMills BODYBALANCE		LesMills BODYATTACK	LesMills BODYBALANCE		LesMills BODYCOMBAT	LesMills BODYATTACK	LesMills BODYATTACK	LesMills BODYCOMBAT
21:00									
21:30	LesMills BODYATTACK		LesMills BODYCOMBAT			LesMills BODYATTACK	LesMills BODYBALANCE	LesMills BODYCOMBAT	
22:00									

	4月15日(水)	4月18日(土)	4月19日(日)	4月21日(火)	4月24日(金)	4月25日(土)	4月26日(日)	4月27日(月)	4月30日(木)
9:00									
9:30									
10:00				LesMills BODYBALANCE			LesMills BODYBALANCE		
10:30									
11:00				LesMills BODYBALANCE			LesMills BODYBALANCE		
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16:30									
17:00									
17:30			LesMills BODYBALANCE		LesMills BODYATTACK	LesMills BODYBALANCE			
18:00									
18:30	LesMills BODYBALANCE	LesMills BODYCOMBAT	LesMills BODYATTACK		LesMills BODYBALANCE	LesMills BODYCOMBAT		LesMills BODYBALANCE	LesMills BODYBALANCE
19:00									
19:30	LesMills BODYCOMBAT	LesMills BODYBALANCE	LesMills BODYCOMBAT		LesMills BODYCOMBAT	LesMills BODYATTACK		LesMills BODYATTACK	LesMills BODYCOMBAT
20:00									
20:30	LesMills BODYATTACK	LesMills BODYATTACK			LesMills BODYATTACK	LesMills BODYBALANCE		LesMills BODYCOMBAT	LesMills BODYATTACK
21:00									
21:30	LesMills BODYBALANCE	LesMills BODYCOMBAT						LesMills BODYBALANCE	LesMills BODYCOMBAT
22:00									