

|       | 2月1日(日)                 | 2月2日(月)                 | 2月4日(水)                 | 2月7日(土)                 | 2月8日(日)                 | 2月9日(月)                 |
|-------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 9:00  |                         |                         |                         |                         |                         |                         |
| 9:30  |                         |                         |                         |                         |                         |                         |
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| 18:00 |                         |                         |                         |                         |                         |                         |
| 18:30 | LesMills<br>BODYATTACK  | LesMills<br>BODYBALANCE | LesMills<br>BODYBALANCE | LesMills<br>BODYATTACK  | LesMills<br>BODYBALANCE | LesMills<br>BODYBALANCE |
| 19:00 |                         |                         |                         |                         |                         |                         |
| 19:30 | LesMills<br>BODYCOMBAT  | LesMills<br>BODYCOMBAT  | LesMills<br>BODYATTACK  | LesMills<br>BODYCOMBAT  | LesMills<br>BODYCOMBAT  | LesMills<br>BODYATTACK  |
| 20:00 |                         |                         |                         |                         |                         |                         |
| 20:30 | LesMills<br>BODYBALANCE | LesMills<br>BODYATTACK  | LesMills<br>BODYCOMBAT  | LesMills<br>BODYBALANCE | LesMills<br>BODYATTACK  | LesMills<br>BODYCOMBAT  |
| 21:00 |                         |                         |                         |                         |                         |                         |
| 21:30 |                         |                         | LesMills<br>BODYBALANCE | LesMills<br>BODYATTACK  |                         |                         |
| 22:00 |                         |                         |                         |                         |                         |                         |

|       | 2月14日(土)                | 2月15日(日)                | 2月16日(月)                | 2月25日(水)                | 2月27日(金)                |       |
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| 9:00  |                         |                         |                         |                         |                         | 9:00  |
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| 18:30 | LesMills<br>BODYBALANCE | LesMills<br>BODYCOMBAT  | LesMills<br>BODYCOMBAT  | LesMills<br>BODYBALANCE | LesMills<br>BODYATTACK  | 18:30 |
| 19:00 |                         |                         |                         |                         |                         | 19:00 |
| 19:30 | LesMills<br>BODYATTACK  | LesMills<br>BODYBALANCE | LesMills<br>BODYBALANCE | LesMills<br>BODYATTACK  | LesMills<br>BODYCOMBAT  | 19:30 |
| 20:00 |                         |                         |                         |                         |                         | 20:00 |
| 20:30 | LesMills<br>BODYCOMBAT  | LesMills<br>BODYATTACK  | LesMills<br>BODYATTACK  | LesMills<br>BODYBALANCE | LesMills<br>BODYBALANCE | 20:30 |
| 21:00 |                         |                         |                         |                         |                         | 21:00 |
| 21:30 | LesMills<br>BODYBALANCE |                         |                         | LesMills<br>BODYCOMBAT  | LesMills<br>BODYATTACK  | 21:30 |
| 22:00 |                         |                         |                         |                         |                         | 22:00 |